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Fidget to Focus. Can a chair make you smarter? Varier's Move stool utilized in comprehensive study of ADD/ADHD children to evaluate how "movement while sitting" aids in concentration and cognitive ability.

Variér's Move stool is quite possibly the perfect chair for homework or grown-up work. Research points to movement as the key to focus and improved posture.

Longtime ADHD researcher Dr. Mark Rapport, believes movement is a key component in the ability of certain children to focus. A published study concluding in 2009 by the Department of Psychology, University of Central Florida, Orlando, FL, investigated whether children's activity level is functionally related to working memory demands.

Following this, a second comprehensive 2 year study by UCF was undertaken in 2010 in which the Move stool was selected for use due to its' unique ability to encourage movement while sitting.

The data is still being analyzed, but according to researchers, when asked, the children involved in the study overwhelmingly preferred the MOVE to the control chair.

It should be noted that neither the UCF nor Dr. Rapport makes any suggested or implied endorsement of any product. More information on the published study may be found here: <http://www.nea.org/tools/47003.htm>

In the company's view, Move stool redefines sitting. The human body is designed for motion and should never be still for too long. The Move stool is a precision device, engineered for movement; promoting relaxation, increasing concentration in natural, active sitting positions. It has been incorporated into several schools and specialized learning environments worldwide. It is the perfect solution for the home, office, dorm room or bedroom, anywhere where one spends time in front of a computer or desk.

Vaniér's Move™ is available in 3 sizes MOVE, MOVE II and MOVE small - a children's version.

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A HUMAN IDEA

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